# The Importance of Salt

Salt is in every cell of our body. An adult human body contains about 250 grams of salt. Without salt you cannot live. Salt ensures the transmission of nerve impulses to and from the brain and the contractions of the heart and other muscles.

Salt is necessary to the flow of nutrients around the body and is vital to the digestion of food. A healthy body processes just the amount of salt it needs and the kidneys dispose of any excess.

About 4,700 years ago, the Chinese Png-tzao-kan-mu, one of the earliest known writings, recorded more than 40 types of salt. It described two methods of extracting and processing salt similar to methods still in use today.

The word for "salt" apparently originates from the name of the town Es-Salt, once the capital of the east bank of the Jordan, and probably older than Jericho itself, and close to the Dead Sea.

Such was the importance of salt that the words, "war" and "peace" originate from the word for salt & bread in Ancient Hebrew and Arabic.

#### War

Strong's number: 3898 Hebrew: lacham Pronunciation: law-kham'

a primitive root; to feed on; figuratively, to consume; by implication, to battle (as destruction): -devour, eat, X ever, fight(-ing), overcome, prevail, (make) war(-ring).

#### Bread

Strong's number: 3899 Hebrew: lechem Pronunciation: lekh'-em

from 3898; food (for man or beast), especially bread, or grain (for making it): - ([shew-])bread, X eat, food, fruit, loaf, meat, victuals. See also 1036.

The Latin phrase "salarium argentum", "salt money" refered to part of the payment made to every Roman soldier, and the word has been carried down the ages into the English word "salary".

The altar in the temple of Jerusalem was built to handle hundreds of animal sacrifices, a day, and included the salting and dehydrating process of the carcasses, producing kosher meat to all of the inhabitants.

The dehydration process includes soaking the carcass in a "natrum" brine (salt solution) or washing the carcass with salt brine, or placing the carcass in a bed of salt crystals.

The preparation and the concentration of the salinity of the brines, was not so easy and it required a sophisticated water supply and a drainage system

# Salt

A typical example of such a system designed for this purpose was Hezekiah's centralizing of an hygienic hydraulic system in the Temple in Jerusalem, from a fresh water source, the Gihon spring, amongst others, into a reservoir called the Pool of Siloam (Shiloach). The water was cleverly directed through the Temple by gravity, and exiting the Temple as waste at the southern side. Two thousand ritual baths were reputed to have been available in the Temple, with a hydraulic circuit for feeding and draining the baths and re-slurring the salt.

# The Spiritual Importance of Salt

## Purifying (antiseptic), Fidelity (faithful or loyal), and Indissoluble (perpetuating)

## Lev 2:13

And every oblation of thy meat offering shalt thou season with salt; neither shalt thou suffer the salt of the covenant of thy God to be lacking from thy meat offering: with all thine offerings thou shalt offer salt.

#### Num 18:19

All the heave offerings of the holy things, which the children of Israel offer unto the Lord, have I given thee, and thy sons and thy daughters with thee, by a statute for ever: it is a covenant of salt for ever before the Lord unto thee and to thy seed with thee.

## 2 Ki 2:19-22

And the men of the city said unto Elisha, Behold, I pray thee, the situation of this city is pleasant, as my lord seeth: but the water is naught, and the ground barren.

And he said, Bring me a new cruse, and put salt therein. And they brought it to him.

And he went forth unto the spring of the waters, and cast the salt in there, and said, Thus saith the Lord, I have healed these waters; there shall not be from thence any more death or barren land.

So the waters were healed unto this day, according to the saying of Elisha which he spake.

# 2 Chr 13:5

Ought ye not to know that the Lord God of Israel gave the kingdom over Israel to David for ever, even to him and to his sons by a covenant of salt?

# Ezra 6:7-10

Let the work of this house of God alone; let the governor of the Jews and the elders of the Jews build this house of God in his place.

Moreover I make a decree what ye shall do to the elders of these Jews for the building of this house of God: that of the king's goods, even of the tribute beyond the river, forthwith expences be given unto these men, that they be not hindered.

And that which they have need of, both young bullocks, and rams, and lambs, for the burnt offerings of the God of heaven, wheat, salt, wine, and oil, according to the appointment of the priests which are at Jerusalem, let it be given them day by day without fail:

That they may offer sacrifices of sweet savours unto the God of heaven, and pray for the life of the king, and of his sons.

Ezek 16:4

And as for thy nativity, in the day thou wast born thy navel was not cut, neither wast thou washed in water to supple thee; thou wast not salted at all, nor swaddled at all.

#### Salt can be a Blessing or a Curse

Job 6:6

Can that which is unsavoury be eaten without salt? or is there any taste in the white of an egg?

Col 4:5-6

Walk in wisdom toward them that are without, redeeming the time.

Let your speech be alway with grace, seasoned with salt, that ye may know how ye ought to answer every man.

Deu 29:21-28

And that the whole land thereof is brimstone, and salt, and burning, that it is not sown, nor beareth, nor any grass groweth therein, like the overthrow of Sodom, and Gomorrah, Admah, and Zeboim, which the Lord overthrew in his anger, and in his wrath:

Even all nations shall say, Wherefore hath the Lord done thus unto this land? what meaneth the heat of this great anger?

Judg 9:45

And Abimelech fought against the city all that day; and he took the city, and slew the people that was therein, and beat down the city, and sowed it with salt.

Jer 17:5-8

Thus saith the Lord; Cursed be the man that trusteth in man, and maketh flesh his arm, and whose heart departeth from the Lord.

For he shall be like the heath in the desert, and shall not see when good cometh; but shall inhabit the parched places in the wilderness, in a salt land and not inhabited.

Blessed is the man that trusteth in the Lord, and whose hope the Lord is.

For he shall be as a tree planted by the waters, and that spreadeth out her roots by the river, and shall not see when heat cometh, but her leaf shall be green; and shall not be careful in the year of drought, neither shall cease from yielding fruit.

Mat 5:13

Ye are the salt of the earth: but if the salt have lost his savour, wherewith shall it be salted? it is thenceforth good for nothing, but to be cast out, and to be trodden under foot of men.

Strong's number: 3471 Greek: moraino Pronunciation: mo-rah'-ee-no

from 3474; to become insipid; figuratively, to make (passively, act) as a simpleton: -become fool, make foolish, lose savour. (To lose its flavour, becoming tasteless) Mark 9:42-50

For every one shall be salted with fire, and every sacrifice shall be salted with salt.

Salt is good: but if the salt have lost his saltness, wherewith will ye season it? Have salt in yourselves, and have peace one with another.

Luke 14:31-35

Salt is good: but if the salt have lost his savour, wherewith shall it be seasoned?

It is neither fit for the land, nor yet for the dunghill; but men cast it out. He that hath ears to hear, let him hear.

Col 4:5-6

Walk in wisdom toward them that are without, redeeming the time.

Let your speech be alway with grace, seasoned with salt, that ye may know how ye ought to answer every man.

3 Ne 5:60

Verily, verily I say unto you, I give unto you to be the salt of the earth; but if the salt shall lose its savor, wherewith shall the earth be salted? The salt shall be thenceforth good for nothing, but to be cast out, and to be trodden under foot of men.

3 Ne 7:40-41

But if they will not turn unto me, and hearken unto my voice, I will suffer them, yea, I will suffer my people, O house of Israel, that they shall go through among them, and shall tread them down,

And they shall be as salt that hath lost its savor, which is thenceforth good for nothing, but to be cast out, and to be trodden under foot of my people, O house of Israel.