

Vacation Church School

Heroes Unit 1

Lesson: King Benjamin

"Serve one another.."
Mosiah 2:27

Goals: By the end of class the child should be able to:

1. Know the story is from the Book of Mormon.
2. Remember the name King Benjamin.
3. Relate the events of the story.
4. Remember that King Benjamin taught his people that happiness and salvation are found by believing in God and serving others.
5. Become conscious of some of the ways we can serve God and others.

Vocabulary:

- | | |
|------------------|--------------|
| 1. King Benjamin | 4. happiness |
| 2. tower | 5. love |
| 3. serve | 6. salvation |

Materials Needed:

- | | |
|---|--|
| <input type="checkbox"/> Bible | <input type="checkbox"/> <u>Book of Mormon</u> |
| <input type="checkbox"/> 3 sheets white poster board | <input type="checkbox"/> colored pencils |
| <input type="checkbox"/> 1 sheet gold poster board | <input type="checkbox"/> 5 sheets black construction paper |
| <input type="checkbox"/> 2 adult size chairs | <input type="checkbox"/> masking tape |
| <input type="checkbox"/> 2 bed sheets | <input type="checkbox"/> glue |
| <input type="checkbox"/> stepstool or small ladder | <input type="checkbox"/> flour |
| <input type="checkbox"/> 2 sheets of parchment paper | <input type="checkbox"/> salt |
| <input type="checkbox"/> 10- 5" pieces of yarn | <input type="checkbox"/> cream of tarter |
| <input type="checkbox"/> brown paper bag | <input type="checkbox"/> cooking oil |
| <input type="checkbox"/> pen /marker | <input type="checkbox"/> plastic table cloth |
| <input type="checkbox"/> notepad | <input type="checkbox"/> Q-tips (one per child) |
| <input type="checkbox"/> two boxes assorted food coloring | <input type="checkbox"/> plastic bowls |

- round head wood clothes pins (one per child)
- 2 sheets aluminum foil
- craft smocks (one per child)
- five pieces of cardboard

Preparation:

1. *Coins:* Make three large gold colored poster board coins. Print "Love" on one, "Happiness" on another, and "Salvation" on the last.
2. *Scrolls:* Make tiny parchment paper scrolls for each child. With marker print, "Come to the temple to hear King Benjamin" on each scroll. Roll up and tie with strips of yarn.
3. *Before Class:*
 - a. Arrange chairs a few feet apart in area of classroom where the children can conveniently sit on floor between the chairs to listen to the story.
 - b. Set up stepstool facing chairs and drape with sheet.
 - c. Attach pictures to wall. (color pictures first)
4. *Scripture Activity:*
 - a. Make 4 footprints out of poster board.
 - b. One each glue a word of the memory verse. On the final footprint print the scripture reference.
 - c. During break, tape the footprints to the classroom floor in order.
5. *Review Activity:*
 - a. Make Book of Mormon Covers from black construction paper. In white crayon write "Book of Mormon" on outside cover.
 - b. Cut out scripture verse strips (one per child).
 - c. Put pictures in brown paper bag
6. *Craft:*
 - a. Make playdough
 - b. Make tiny strips of foil for crowns.
 - c. Cut bottom and sides out of shoe boxes.
 - d. Prepare model or craft
 - e. Cover floor underneath classroom table or craft area with table cloth.
7. *Vocabulary Words:*
 - a. Cut out vocabulary words and back them on poster board.
 - b. Put Vocabulary Words up on wall for children to see and remember the words (for younger children - finding a picture to go with the word helps them remember it better)

Introduction Activity:

How many of your dads and moms have jobs? Do they get paid for serving their boss? Did you know that you have a job? Do you know what it is? It's to serve God. But God doesn't pay you with money. Do you know what he pays you with?

Hold up each appropriate coin as you say it

He pays you with Love... Happiness... and Salvation. Do you know what salvation means? It means someday you get to live in heaven with God. Our story today is about a kind and good king who taught his people to serve God. We can read this story in the Book of Mormon

Hold up the Book of Mormon

This is a story of King Benjamin - - a Book of Mormon Hero!

Story:

King Benjamin was a wise and good king. One day he realized he was getting too old to be king. He called his son, Mosiah, to him. "My son, it's time for you to become king. Issue a proclamation to all the people of Zarahemla."

(Child's name), you can be our messenger. Will you pass out this proclamation? Give everybody one of these scrolls. Let's unroll our scrolls and see what King Benjamin's proclamation was. "Come to the temple to hear King Benjamin tomorrow."

The next day when King Benjamin looked out there were people everywhere! "Too many to count!" he said.

Each family had set up a tent by the temple. Let's pretend that we're one of those families.

Have children assist in draping the sheet over the chairs

Now, let's sit in our tent to listen to King Benjamin.

King Benjamin started to speak but the crowd was so large not everyone could hear him. "We must build a tower!" declared the king. So a tower was built for King Benjamin to speak from.

Teacher climb onto ladder

Still some couldn't hear him. "Write down all my words and pass them out to the people," commanded King Benjamin

Have assistant write on notepad for just a moment

"Listen carefully everyone," cried King Benjamin. "I have an important message. One night when I lay sleeping an angel came to me.

Point to picture on wall.

He said, "Jesus Christ, the son of God, is coming to Earth!"

Point to picture of Christ

What wonderful news this was! But that's not all King Benjamin had to say.

"I still want you to listen carefully," said King Benjamin. "I want to tell you how to live a good life so one day you can be in heaven with God.

"Number one: believe in God! Number two: pray everyday! Number three: serve other people. When you serve people you're doing your job for God!" And the King Benjamin gave a very important commandment to the mom's and dad's.

"Teach your children not to fight but to serve each other." If King Benjamin were here today he would say, *(say each child's name)*, don't fight with your brothers or sisters. Help each other."

You all need to help me finish the story. When I say, "King Benjamin asked the people, 'Do you believe?'" shout "We believe!"

King Benjamin asked the people, "Do you believe?"

Point to the children.

"We believe!" All the people believed what King Benjamin had taught them. They were so happy! They promised to serve Jesus always.

Review Activity:

Remember in our story King Benjamin taught his people how important it is to serve? Do you know what serve means? It means to do nice things for other people.

Hold up paper bag.

In this bag are pictures of some of the ways we can serve. *(Child's name)* would you pick out a picture. Can you guess what it is?

Discuss picture. Try to implement ideas depicted. For example, name elderly person he could visit. Continue until each child has had a turn or all pictures are gone.

Pass out crayons. Have each child color picture he as drawn out of the bag. If more than one has been drawn from the bag have him choose one. After children have finished coloring, pass out Book of Mormon cutouts and scripture verse strips. Teacher applies glue and let children place pictures and verses inside Book of Mormons.

Scripture Activity:

To learn our memory verse today we're going to walk in the footprints of Jesus. On each footprint is a word. As we step on each one, we'll say the word together. King Benjamin taught his people these words. They are the words Jesus wanted him o say. Jesus wants us to remember these words, too.

Do activity several times.

Craft:

Put smocks on children. Give each child a plastic bowl, Q-tip, and clothespin.

Today we're going to make King Benjamin standing on the tower he built to speak to his people. Show craft model

These little clothespins are going to be King Benjamin.

Hold up Q-tips. These will be our paintbrushes.

Hold up box of food coloring. Everyone gets to pick what color he wants to paint King Benjamin.

Pour the chosen color into each child's bowl. Now dip your Q-tip into your paint and paint King Benjamin.

After clothespins are painted, set them aside to dry on piece of shoe box cardboard. Write the child's name by each clothespin.

We're going to build King Benjamin's tower on this cardboard.

Give each child a ball of play dough. First, let's squeeze and pound it to make it soft. Our towers will be made from this. You can shape it to stand up high.

Quickly demonstrate mounding and patting playdough in upward direction. If children are unfamiliar with playdough they may need lots of help with this one.

Some children may not be able to grasp the idea of mounding dough upward. Flat or round towers are okay too!

Give children back their clothespins. Now, let's put King Benjamin on his tower.

Twist foil strips to make crowns. **Let's put a crown on King Benjamin.**

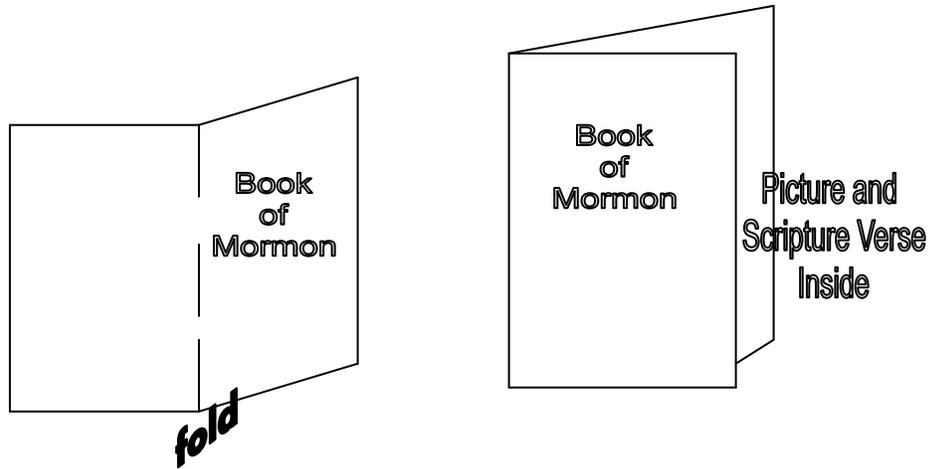
After craft is completed print each child's name on their cardboard foundations. If excess time is left let the children work with playdough, rolling pins, and cookie cutters for remainder of class.

Vocabulary Words:

King Benjamin	tower	serve
happiness	love	salvation

Book of Mormon Cover Pattern

(Use standard size black construction paper and a white crayon)



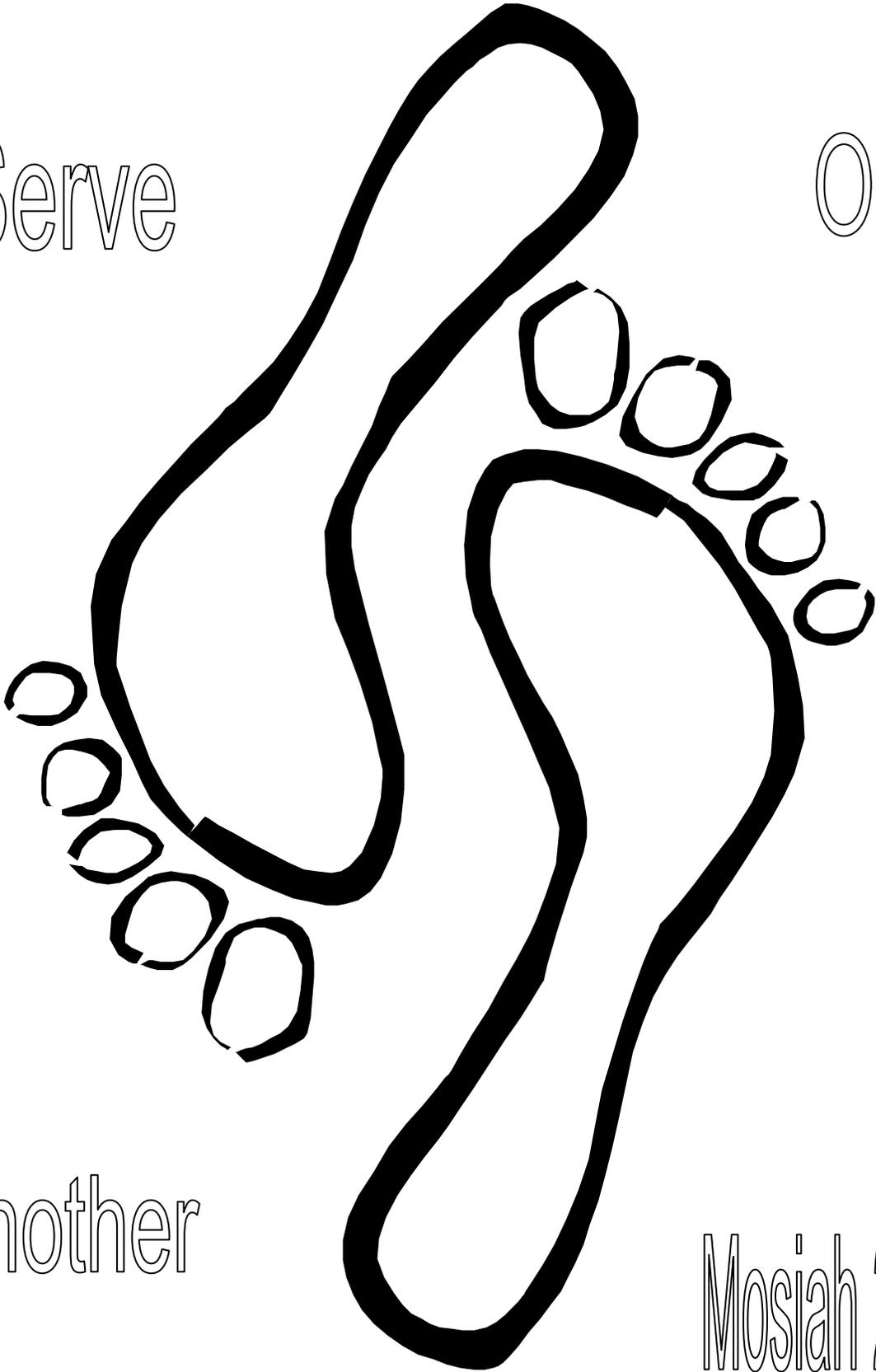
Scripture Verse:

"Serve one another.."
Mosiah 2:27

Scripture Verse Footprint Pattern

Serve

One



Another

Mosiah 2:27

Playdough Recipe

3 cups water

3 cups flour

1 $\frac{1}{2}$ cups salt

5 teaspoons cream of tarter

3 tablespoons cooking oil

Food coloring (coloring optional)

Mix dry ingredients. Add oil, water and food coloring. Cook three minutes or until mixture pulls away from sides of pan. Remove and knead slightly almost immediately. Keep refrigerated.

****OPTIONAL ACTIVITIES****

Note: Materials and preparation for the optional activities are not included in the master lists of Materials Needed and Preparation on page 1 & 2.

Outdoor Activity:

Materials Needed:

1. large brown paper bag (one per child)
2. cans of food* (one per child)
3. 5 pieces white construction paper
4. red marker
5. children's toys* (one per child)
6. play money* (one per child)
7. one piece poster board
8. markers

Preparation:

1. Draw, cut out, and color poster board bouquets of flowers* (one per child)
2. Cut construction paper in half. Fold in half again. On inside print "Get well" and draw a happy face.* (one per child)

Game:

Hide all * items outside. Give each child a paper bag. Instruct them to find one of each item. After all have finished, have children sit in half circle on ground. Ask a child to take one of the items out of his sack. Ask, "How can we serve people with this?" For example: Give money to people in trouble. Continue until all items have been discussed. The toy represents sharing and getting along with other children.